



# SMARTS - Supporting Me About Rights To Sexuality

2020-1-ES01-KA204-082783

*LAST Newsletter - August 2023*

## Do you remember what the SMARTS project is?

The SMARTS project aims to better identify the support needs of persons with intellectual disabilities and persons with mental health conditions in the field of sexuality, as well as develop their skills and those of the care providers, to make supported decisions in the field of sexuality.

With this project, the objectives pursued were on the one hand, for persons with intellectual disabilities and persons with mental health conditions to feel more empowered to make decisions with regards to their sexuality and, on the other hand, for supporters to feel better equipped and skilled to support decision making.

## Outputs produced under this project

### GUIDELINES ON SUPPORTED DECISION MAKING (SDM) IN THE FIELD OF SEXUALITY FOR PWD

These guidelines are separately addressed to:

- Family carers
- Professionals
- Service managers

### POLICY RECOMMENDATIONS in the field of SDM and sexuality

### EASY-TO-READ TOOLKIT IN THE FIELD OF SDM AND SEXUALITY

This easy to ready Toolkit aims:

- To inform persons with intellectual disabilities and with mental health conditions of their rights and options regarding their sexual needs.
- To help family caregivers in identifying services promoting the implementation of the sexual rights of their relatives with disability.

### TRAINING MATERIALS FOR TRAINERS

We have produced training materials:

- In the field of general SDM
- In the field of SDM and sexuality

All these documents are available on our website:  
<https://smarts-project.com/>



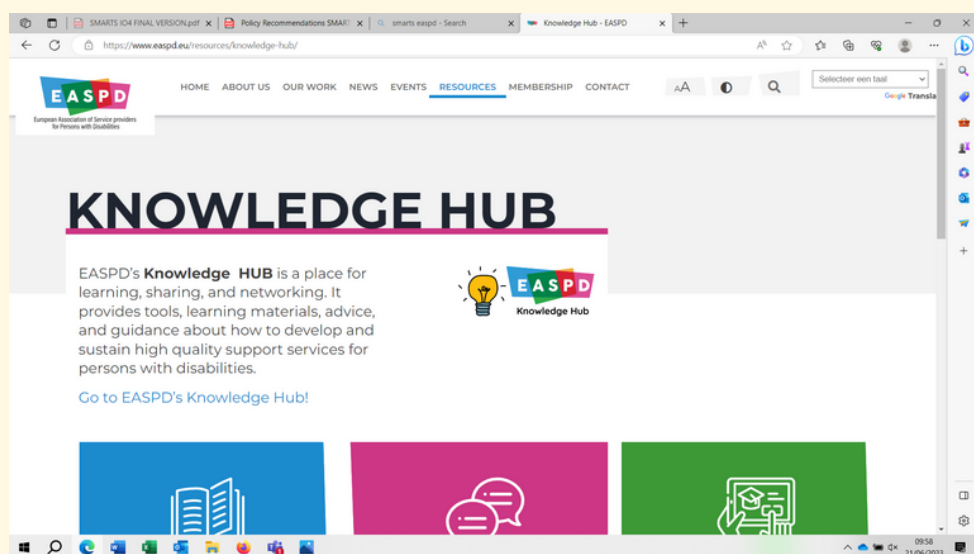
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## Focus on Training Materials for Trainers

To make the learning more interactive, the Partnership has also worked on the production of a MOOC that has just been released! This MOOC is another way of tackling subjects like SDM and SDM in the field of sexuality.



It is free and available in English on the EASPD Knowledge Hub:  
<https://knowledgehub.easpd.eu/>

## THE PARTNERSHIP THANK YOU !

The consortium is made up of several partners:  
Service providers: Fundació Astres (Spain), the coordinator, ARCIL (Portugal) and Theotokos (Greece). SCT (UK) who produce staff training, and EASPD (Belgium) who represent service providers.



For more information, you can contact the project coordinator, Fundació Astres at [idea@plataformaeducativa.org](mailto:idea@plataformaeducativa.org)



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