

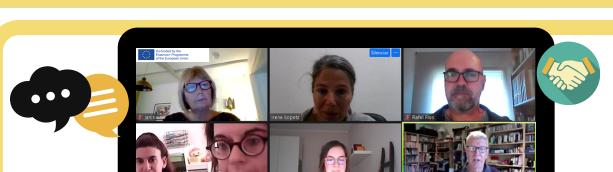
#### **SMARTS**

Supporting Me About Rights To Sexuality 2020-1-ES01-KA204-082783



**1st Newsletter** 

December 2020





#### **SMARTS PROJECT HAS LIFT OFF!**

Last September, the partners successfully kick started the project with a first on-line meeting and set the tone of an interesting and fruitful collaboration to come!



## SMARTS - MORE ABOUT THE PROJECT

SMARTS - Supporting Me About Rights To Sexuality - is an Erasmus + KA2 project which started on 1st September 2020 and will last for 36 months until 31st August 2023.

It aims to better identify the needs of persons with intellectual disabilities and persons with mental health conditions in the field of sexuality, as well as develop their skills and those of the care providers, to make supported decisions regarding their sexuality.



## WHAT ARE THE OBJECTIVES?

This project will not only address the needs and skills of persons with intellectual disabilities and/or mental health conditions, but also those of their care providers - both professionals and family members.

The expected results will be for service users to feel more empowered to make supported decisions regarding their sexuality and for supporters to feel better equipped to support decision making.

# WHAT ARE THE ACTIVITIES PLANNED?

To ensure the abovementioned target groups feel more empowered and better equipped, the project will produce the following deliverables:

- Guidelines on supported decision making and practices in the field of sexuality for persons with intellectual disabilities and/or mental health conditions - addressed to professionals and family caregivers.
- Awareness toolkit for service users.
- Training course for caregivers.



#### THE PARTNERSHIP













The consortium is made up of service providers: **Fundació Astres** (Spain), the coordinator, **ARCIL** (Portugal) and **Theotokos** (Greece) as well as more technical partners: **SCT** (UK) producing staff training, and **EASPD** (Belgium) representing service providers.

Follow the links to be redirected to the partners' websites and get to know more about them.

For more information, you can contact the project coordinator, **Fundació Astres** at idea@plataformaeducativa.org